

Vi Knox, President for Guild, welcomed all to the meeting. We acknowledge we are meeting on traditional Blackfoot Treaty 7 Territory and Metis Nation Region 3.

- Welcomed new members and any guests – no guests Reminders:
- Vi reminded everyone that as Guild members we need to try and help everyone the best that we can. That this is a creative space and we should be encouraging each other and just be kind to everyone.

### **Announcements:**

If anyone has a project and would like to do a presentation they can speak to the program's coordinator

### **Committee Reports:**

#### **SPECIAL EVENTS:** Deb Cartwright

Christmas Lunch this year is at Paradise Canyon on December 13, 2025 from 11:30 – 2:30. Tickets will be for sale at the October and November guild meetings. Prices will be \$30 each. There will be a vendor mall, and we will have a 50/50 draw and door prizes. There will also be a gift exchange for those that want to participate. We are calling it a “From My Sewing Room gift exchange”. Please don't go buy anything but instead bring something from your sewing room with the value of at least \$20.00. Wrap it up pretty and we can have a little gift exchange.

Vendor mall will be available starting at 11:30 am. We have 6 tables and it is \$20.00 per vendor. Please contact Deb or a member of the committee if you want to book a vendor table.

#### **RETREATS & WORKSHOPS:** Cherilyn Jorgenson

##### Lethbridge Guild Quilt Retreat Dates for 2025-2026

1. Casa Quilt Retreat: Thursday, Friday, Saturday, October 23, 24, 25, 2025 – 10:00 am start and can sew till 9:00 pm. We have a fun activity planned and once we have everyone signed up, we will let you know what you need to bring for that. Basically you will need to bring a bag of strips (1-1'2" to 2-1/2"). Supper is Friday night. Cost \$65.00. Please sign up at the retreat table. Limit to around 20-25 people.
2. Paradise Golf Quilt Retreat: Tuesday, November 4, 2025 – 10:00 start. Lunch included. Cost is \$25.00. Please sign up at the retreat table
3. Casa Quilt Retreat: Friday, Saturday, Sunday March 13, 14, 15, 2026 - 10:00 start. Supper Friday Night. Cost to be determined
4. Pincher Creek Dragons Heart Quilt Retreat: Friday, Saturday, Sunday June 12, 13, 14, 2026. Some meals included. Cost to be determined

**FESTIVAL OF QUILTS:** Lynn Gibson

The two raffle quilts were shown to the guild.

First prize – This quilt was made with a kit called Oh Canada. Each block represents a province or territory. The blocks were made by Marion Jankunis, Teresa Petriw, Connie Chaplin, Donna Kendall, Mauiie Wills, Jane Goddard and Deb Cartright. Marion put the quilt together and Mike Hindle quilted it.

Second prize – This quilt was started by Judy Barnett; it is called Altheia. The Red Barn Quilters finished it after Judy passed away. Kelly Kennedy did a lot of the blocks, and it was quilted by Lynn.

We plan on distributing the raffle ticket books at the next guild meeting. You can sign out a book of ten or purchase a book of ten for \$20 and then sell the tickets for \$2.00 each.

We are looking for two volunteers to man that table at the next meetings so if you are willing to volunteer, please let Lynn know.

Quilters Boutique – Vi Knox handed in some items that she made over the summer. One was a Nantucket bag – it is a small zipper pouch that sits up by itself (free pattern from Moda). A great idea for the boutique. She also made some pin cushions that were designed by Bird Brain. They are embroidered and very beautiful. One other item was a wine glass mug rug. Lynn's daughter made some window stickers that they will put on the boutique table.

We are hoping that everyone will donate at least one item for the table.

**PROGRAM:** Lia Britton

Our presenter was Donna Kendall. She shared information regarding threads and needles with us. Some highlights were:

- There are several brands of needles – they are all equally good.
- Needles are cheap compared to the dollars that you paid for your machines
- Use new and decent needles
- You should change your needle at the end of every project
- Don't wait until they break!
- Which needle do I use?
  - o For piecing use a microtex needle 80/12 – it has a very sharp point and a flexible shaft
  - o For Batiks – use a jeans needle – it has a larger eye and a stiffer shaft
  - o The universal needle they have a ball point and may not give you a straight-line stitch. These needles are best for flannels and home spuns.
  - o For heavier threads use a 90/14 jeans needle

- Embroidery needles are nothing but a knock-off top stitch needle. It doesn't have as big an eye as the top stitch needle and the eye isn't rounded and smooth as a top stitch needle.
  - Top stitch needle has a larger eye and rounded all through the eye. They are designed specifically for directional stitching. Your fancy stitches and any free motion stitching.
  - There is a new needle called a "non-stick" – use it when you are sewing with two-sided tape or steam-a-seam. It has a coating on it and works great.
  - Metallic needles are the same as a top stitch.
  - If you can only afford one pack of needles – choose the top stitch needle.
  - If your machine takes color coded needles, they don't necessarily say on the package what they are used for. When you go buy them, ask the salesperson to provide you with that information.
- What size of needle do I use for what thread?
- Here is the test – take a piece of thread about two arm's length. Thread the needle on the thread and hold the thread tight with one arm higher than the other. If the needle slides freely down the thread, then that is good. If it bounces, then the needle is too big. If it doesn't slide freely, the needle is too small.
- The thing that will affect your stitching is your top tension. Most people run with their top tension too tight.
- Thread types:
- Cotton – a natural fiber. Certain dyes absorb more into the thread, and the tread becomes thicker eg: navy. You may need to adjust your top tension and maybe a new needle when using a colored thread as opposed to a lighter color. Comes in all sizes and colors. About the biggest would be 12 weight. (Jean top stitch thread).
  - Wonderfil puts out two threads – Deco-bob and Invisafil and don't stretch
  - Polyester thread stretches – you can use it for piecing – it is cheaper than Cotton.
  - You can run a different thread on the top and on the bottom. If you use a smaller thread in the bottom your bobbin will last longer
  - Rayon threads – do not use them for piecing. They are decorative only. Rayon plays well with polyester thread but not cotton. Use polyester in the bobbin, or rayon.
  - Nylon threads – will pull a small truck. These are good for bag makers. If you are interested in nylon threads speak with Donna.
  - Metallic threads – use a 90/14 topstitch needle. Crank your top tension as loose as you can and set your stitch from there. Your machine will not

blow up if you set your top tension to zero. Have to use a polyester bobbin thread.

- Treat your cotton thread the same as you treat your skin. Moisturize them - Throw them into a ziplock bag squirt a little water in the bag and close and leave it for two or three days. It will help your thread.
  - You can use Sewers Aid or Silicone for cotton threads only. Just run a bead down the side of your spool.
  - Invisible thread – throw it in the garbage. It does not stand up to dogs and kids or direct sunlight.
- Tension
- For those of you that you have to take the bobbin out of your machine, eg Bernina, learn how to adjust your bobbin tension so that you are running it as loose as you can.
  - When you set your top tension, put your pressure foot down and you should be able to pull your thread gently through the machine.
  - If your fabric is puckering, loosen your tension
- If anyone has tread or needle questions – feel free to speak with Donna

**PRIZE DRAWS** – prizes were purchased from Fabric Fusion

Door Prize winners:

- Add a Binding Ruler – Yolande Smart

Loonie Draws:

- Applique Pressing Sheet – Jan Johnson
- Mini Iron – Donna Kendall
- “Loose Change” Book – Darlyn Davies
- Fabric Magic Texturizer – Marion Jankunis

**SHOW AND SHARE:**

Started out Show and Share with four ladies showing their plate carriers. They were all beautiful.

We had a wonderful presentation of projects.

- Connie Chaplin showed two quilts – a beautiful blue quilt and a tan and green quilt
- Kaye Henke showed some patchwork placemats and a lovely baby blanket with stars
- Pat Patchmatia showed a beautiful patchwork quilt with brown borders, a Yellow brick road quilt with muted colors, a red quilt and a few dolly quilts.

- Liz Pinches showed a black wall quilt with animals
- Bonnie Boulton shows a quilt she made for her husband in greys with patchy pinwheels
- Janet showed a pillow in a western theme and a beautiful quilt made with a western panel she made into a one block wonder quilt.
- Sharon Anholt showed a quilt kit that she purchased from a garage sale.

Meeting was adjourned by Bonnie Seim and concluded at 8:15 p.m.

Next Executive Committee Meeting: October 22, 2025, at 1:30 p.m. at Enmax

Next Guild Meeting: October 28, 2025, at 7:00 p.m. at CASA