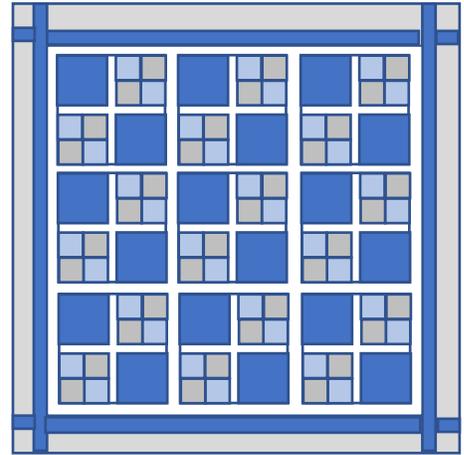


# Super simple

by Pjam Swen

Instructions are given separately for 3 sizes of quilts. Each of these quilts is made with the same **9" block**. Layout shown is for 36" square quilt. Note: the background strips inside the blocks are included with the block size and not counted as sashing.

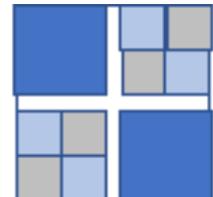


## NOTES:

- Fabric calculations based on 42½ wide fabric. I gave very precise amounts of what you need. If you'd like a little extra cushion, you'll need to add that.
- I have first given instructions for all 3 sizes, then cutting instructions per size. If you print off this page on one side and the size you want to make on the other side of the page, you can fit the pattern nicely on 1 sheet.
- Be sure to add the amount of fabric for binding to the amount of fabric required of your choice.

Instructions:

- Sew four-patches as indicated for "your" size.
- Sew 9 (24 / 30) blocks as per block layout, having all the four-patches face the same direction.
- Sew rows of blocks each with sashing in between (sashing on both beginning and end of row).
- Sew rows together with sashing in between (sashing is also on both top and bottom, so you will end up with sashing all the way around). Add top and bottom borders.
- Piece the \*\*\* indicated pieces into two side borders.
- Quilt as desired and bind.



If you encounter any mistakes, please let me know

# 36" Square Quilt

9 blocks + borders

Layout: 3 x 3 blocks

27" square

Sashing  1"

4"

Border 1  1"

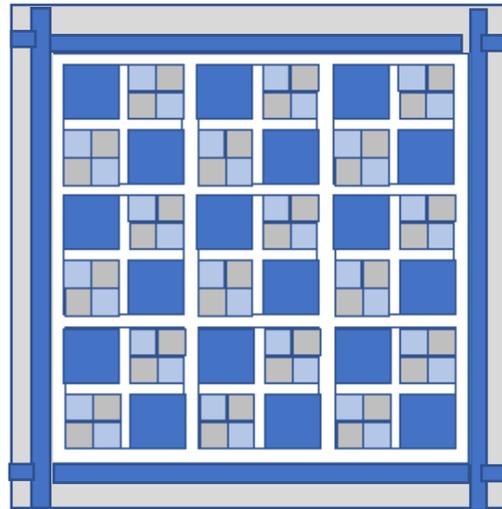
2"

Border 2  1½"

3"

Quilt size

36"

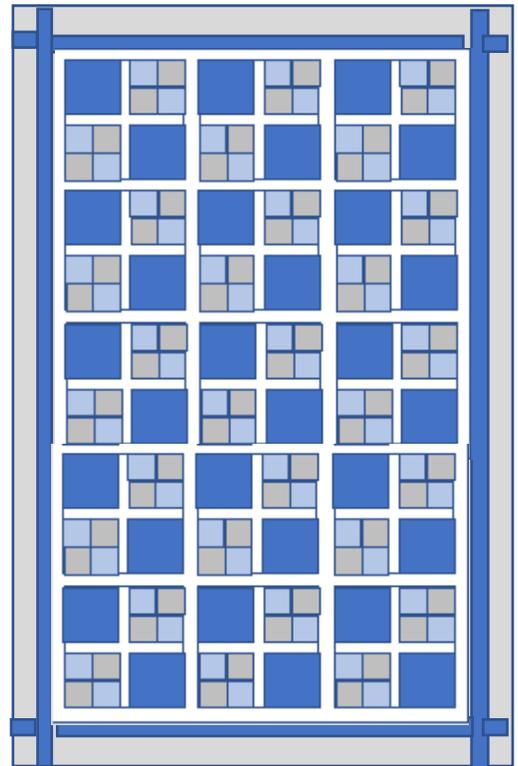


Fabric	Fabric required**	Cut	Sub cut	Instructions
 sashing	15" (0.38 m)	10 of 1½ x WOF	2 of 31½" 4 of 29½" 15 of 9½" 18 of 4½"	Cut longer pcs first. Then 9½" pcs (4 x 9½ + 4½ = 42½")
 focus / largest print	15" (0.39 m)	2 of 4½" x WOF 4 of 1½ x WOF	18 of 4½" sq. 4 of 1½ x 2"**** 2 of 36½" 2 of 31½"****	from leftovers of WOFs
 contrast 1	13½" (0.35m)	3 of 2" x WOF 4 of 2" sq.*** 2 of 2½ x WOF + 1 of 2½ x 5"	4 of 31½ Sew strips together lengthwise, cut into 2½" slices, sew slices into 18 four-patches	
 contrast 2	7½" (0.2 m)	2 of 2½ x WOF + 1 of 2½ x 5"		
 Binding	10" (0.26 m)	3 x WOF + 15" of preferred size (I use 2¾")		

## 40 x 60" Quilt

15 blocks plus borders

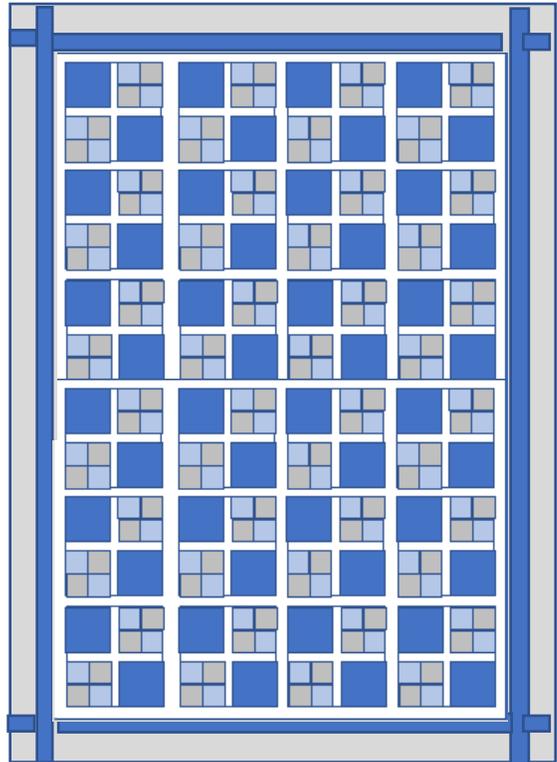
Layout: 3 x 5 blocks		27 x 45"
Sashing  1"	4	6"
Border 1  2"	4	4"
Border 2  2½"	5	5"
Quilt size		40 x 60"



Fabric	Fabric required**	Cut	Sub cut	Instructions
 sashing	24" (0.61 m)	16 of 1½ x WOF	2 of 51½" (pieced) 6 of 29½" 25 of 9½" 30 of 4½"	Cut longer pcs first. Then 9½" pcs (4 x 9½ + 4½ = 42½"
 focus / largest print	31" (0.79 m)	3 of 4½" x WOF 3 of 4½" sq. }  4 of 2½ x 3" ***  5 of 2½ x WOF	30 of 4½" sq. total   2 of 60½" 2 of 31½"*** 4 of 3"	
 contrast 1	25" (.64 m)	4 of 3" x WOF 4 of 3" sq. ***  4 of 2½" x WOF	2 of 31½" and 2 of 51½" *** (pieced)	Sew strips together lengthwise, cut into 2½" slices, sew slices into 30 four-patches
 contrast 2	10" (0.26 m)	4 of 2½" x WOF		
 Binding	12" (0.31 m) 12½" (0.33 m)	5 x WOF (I use 2⅜") If you prefer 2½"		I used contrast 1 for the binding but listed them separately so you can do this different if you like.

**50 x 70" Quilt** 24 blocks plus border

Layout: 4 x 6 blocks 36 x 54"  
 Sashing  1" 5 7"  
 Border 1  2" 4 4"  
 Border 2  2½" 5 5"  
 Quilt size 50 x 70"



Fabric	Fabric required**	Cut	Sub cut	Instructions
<span style="display: inline-block; width: 10px; height: 10px; border: 1px solid black; margin-right: 5px;"></span> sashing	38" (0.96 m)	25 of 1½ x WOF	7 of 39½" 2 of 61½" (pieced) 42 of 9½" 48 of 4½"	Cut longer pcs first. Then 9½" pcs (4 x 9½ + 4½ = 42½"
<span style="display: inline-block; width: 10px; height: 10px; background-color: blue; margin-right: 5px;"></span> focus / largest print	42" (1.07 m)	5 of 4½" x WOF 3 of 4½" sq. } 4 of 2½ x 3"*** 6 of 2½ x WOF	48 of 4½" sq. total  2 of 70½" (pieced) 2 of 41½"	
<span style="display: inline-block; width: 10px; height: 10px; background-color: gray; margin-right: 5px;"></span> contrast 1	33" (0.84 m)	5 of 3" x WOF 4 of 3" sq.*** 6 of 2½" x WOF	2 of 41½"***, 2 of 61½"	Sew strips together lengthwise, cut into 2½" slices, sew slices into 48 four-patches
<span style="display: inline-block; width: 10px; height: 10px; background-color: lightblue; margin-right: 5px;"></span> contrast 2	15" (0.39 m)	6 of 2½" x WOF		
<span style="display: inline-block; width: 10px; height: 10px; background-color: gray; margin-right: 5px;"></span> Binding	14½"(0.37m) 15" (0.39 m)	6 x WOF (I use 2⅜") If you prefer 2½"	I used contrast 1 for the binding but listed them separately so you can do this different if you like.	

# Bento Box Quilt – Free Pattern

Wilma Mulder

This is a free online pattern which I have edited for our use, with Rose Smith's permission. <https://ludlowquiltandsew.co.uk/free-quilt-and-sew-patterns/free-quilt-patterns/bento-box-quilt-pattern/>

The bento box quilt block is very regular and very easy to make, but it has a lovely higgledy piggledgy look to it. According to Wikipedia bento is a one portion takeout or home packed meal and a bento box is obviously the container – lunch box by a much prettier name.



The bento box quilt block is often made by making a courthouse steps block and cutting it into quarters. I find it easier to make each quarter block separately. Each block measures 12" square finished size and the quilt is 48" by 72", 24 blocks in a 4x6 layout, no borders. I have used 20" cut across the width of each of twelve fabrics – six dark and six light for the large CAMP size quilt. For the regular size community quilt, we only need 12 blocks, so half the strips, layout 3x4 with borders (sides cut 3"x48", top/bottom cut 4.5"x41") Finished size 41" by 56". Directions that follow are for the large size.

## Making the bento box quilt blocks



Cutting the squares for the bento box quilt

Cut four 2.1/2" strips from each fabric. From each strip cut four 2.1/2" squares, four 4.1/2" by 2.1/2" rectangles and two 6.1/2" by 2.1/2" rectangles. One strip each of light and dark fabric will make one full quilt block. They are made in quarters and then the quarter blocks can be mixed up to create full blocks.

Quarter block pieces



To make the block on the left, place a light square in the corner. Add a dark square above it and a dark 4.1/2" strip down the left hand side. Place a 4.1/2" light strip across the top and a

6.1/2" light strip down the left hand side. The block on the right is made in the same way but with the light and dark fabrics reversed.

Completed



quarter blocks

From each pair of strips make two quarter blocks with dark centres and two quarter blocks with light centres. Continue with the rest of the fabric to make eighty quarter blocks, which will give you twenty full blocks.

## Options for quilt layout



<Quilt layout using

Quilt layout using



two different colours

four different colours>

As ever there are several different possible layouts. The one on the right uses four different colours while the one on the left uses just two different colours. I personally prefer to have each block of just one pair of colours, but I put these in to show you the options. the one thing common to all the layouts is having two diagonal quarters with a dark centre and the other two with light centres.



Sewing the quilt blocks together:

When you have decided on your layout, sew the quarter blocks together in pairs and then sew the pairs of squares together to make one complete block.

Bento box quilt layout

Sew the blocks together in four rows of six colours in each row. Put the colour that was second position in row two, third position in on. That way you will get diagonal lines of quilt. Sew the blocks together across each row rows together.



blocks. Use all the first in row one into row three and so colour across the and then sew the

I found the bento box quilt a joy to make because it was so quick and easy. When you have finished the quilt top it is ready for layering, quilting and binding.

## "Just Charming"

Lap: 40" x 60"; Throw: 50" x 70" ©Karen Bialik The Fabric Addict 2019

For use of the members of Lethbridge Centennial Quilter's Guild only

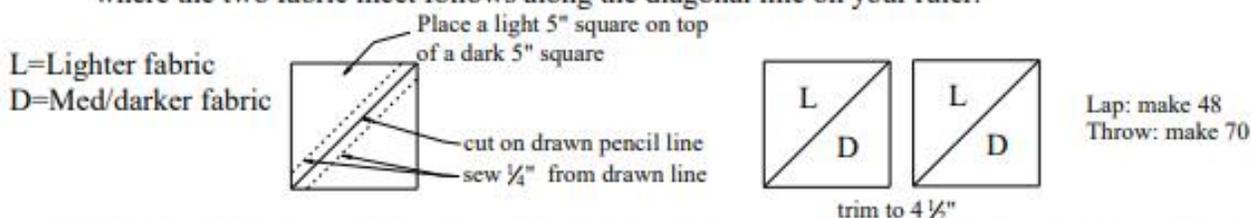
**This pattern is designed to use 5" squares and 2½" strips and squares.**

**Lap; Make 24 blocks:** requires 96 - 5" squares (48 print, 48 plain/tonal), 12 strips 2½" x wof (6 print, 6 plain/tonal), 24 - 2½" contrast fabric for centre squares and 5 wof fabric strips for binding.

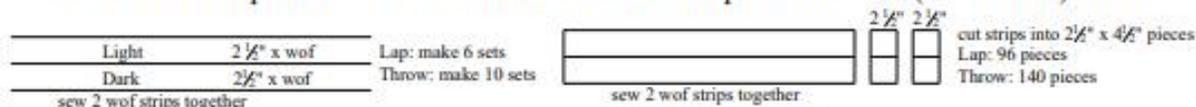
**Throw; Make 35 blocks:** requires 140 - 5" squares (70 print, 70 plain/tonal), 18 strips 2½" x wof (9 print, 9 plain/tonal), 35 - 2½" contrast fabric for centre squares and 6 wof fabric strips for binding.

### Make the blocks:

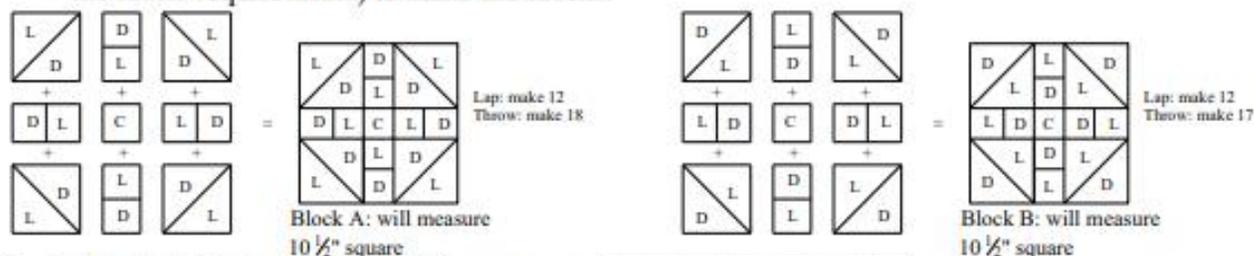
- 1) Divide all the 5" squares into pairs, with each pair having 1 light and one med/darker square. On the wrong side of each of the light 5" squares, draw a diagonal pencil line from corner to corner. Place the light square on top of the darker square. Sew a scant ¼" on both sides of the drawn pencil line. Fold open and press towards the darker fabric. Each set of 5" squares will make two 2-coloured squares (HST). Trim all the HST down to 4½", making sure the seam where the two fabric meet follows along the diagonal line on your ruler.



- 2) Pair the 2½" strips with 1 print and 1 plain/tonal. Sew together along the lengthwise wof cut. Sub cut these strips into 2½" x 4½" units. Each wof strip set makes 16 (2½" x 4½") units.



- 3) Arrange the HST (from Step 1), the 2½" x 4½" units (from step 2) and the 2½" squares (from the fabric requirements) to make the blocks.



Centre block 'C' is the contrast 2½" squares

Arrange the blocks into the quilt centre:

Odd rows start with Block 'A',

even rows start with Block 'B'.

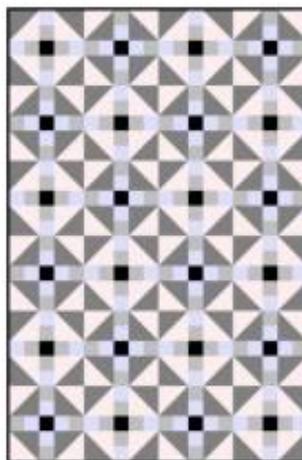
Alternate Block 'A' and Block 'B'

Sew Blocks together into rows.

Sew rows together into the quilt centre:

Lap is 4 blocks across x 6 down (40" x 60"),

Throw is 5 blocks across x 7 down (50" x 70").



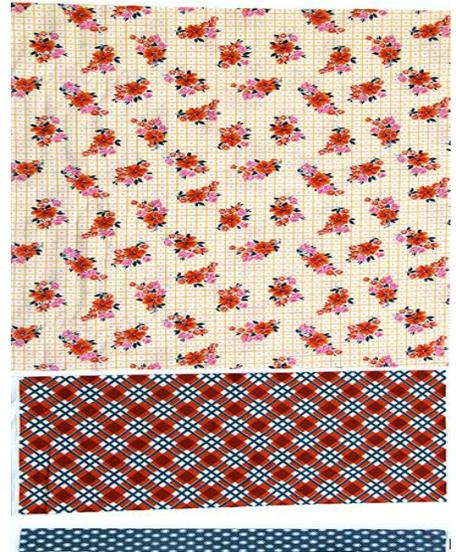
# Burrito Style Pillow Case

Fabric Cuts:

Body fabric 25" x WOF

Cuff: 10" x WOF

Band {optional} 2½" x WOF pressed in half lengthwise  
wrong sides together



Step 1.

Layer fabrics:

Cuff right side up,

Body right side up,

Band.

Align top edges precisely and pin.



2.

Line up raw edges here



Step 2

Roll the body fabric up as smooth as you can, so that you can access the cuff fabric below it.

Step 3

Fold non-pinned edge of cuff over the roll, line up with the top edge and re-place the pins. Sew top edge with ¼" seam allowance.

3.

Fold bottom Cuff fabric over rolled Body fabric and pin raw edges together. Sew raw edges together with a ¼" seam allowance.



4.

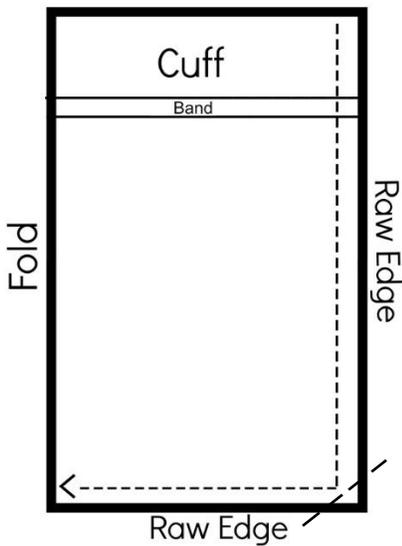


Step 4

Pull the burrito inside out.

Step 5:

Press pillowcase folded in half width wise, right sides out. Laying the edges precisely together. Trim to remove selvages and even out the edges.



Step 6.

Sew along the side and bottom, pivoting at the corner, with a  $\frac{3}{16}$ " seam allowance. Trim corner.

Turn inside out and press.

Sew the same seam again with a  $\frac{3}{8}$ " seam allowance.

Turn right side out and press again.

**DONE !!**